

Sewing Machine Operator





QP code: AMH/0301

1. AMH/N0102: Maintain work area, tools and machines

State whether True or False

1. Regular cleaning and lubrication of sewing machines are essential for their proper maintenance. (T/F)
2. It is important to unplug the sewing machine before performing any maintenance tasks. (T/F)
3. For any damaged machine guards, the sewing machine operator should remove it and carry out working. (T/F)

Match the Following

A 	B 	C 	D 
Presser Foot ____	Stitch Regulator ____	Feed Dog ____	Throat Plate ____

AMH/N0103: Maintain health, safety and secure work place with Gender and PwD Sensitization

Fill in the blanks with the correct answer given in the brackets.

1. To understand the evacuation process effectively during emergencies, _____ are conducted. (Mock Drills/ Video display)
2. The most dangerous stage of a Fire outbreak is _____ (Decay Stage, Fully Developed Stage)
3. PwD stands for _____ (Professional Work Department/ Person with Disability)
4. Noise, radiation, hot temperature in garment industries are examples for _____ hazard (Physical/ Biological)
5. PPE in workstations stands for _____ (Professional Programme for Employees/ Personal Protective Equipment)
6. Unfair treatment due to individuals gender is referred to as (Gender category/Gender bias)

Choose the right option




1. Why is it important to follow proper procedures when handling tools and equipment?

a. To avoid wastage of time	b. To follow organizational policies
c. To ensure workplace safety & prevent accidents	d. To decrease productivity

2. How to handle waste hazardous materials at workplace?

a. Keep at any convenient places	b. Follow proper handling and disposal methods
c. Dispose them with regular waste	d. Dump it into a pit outside the Company premises.

Identify the Picture

		
a. Cylinder b. Fire extinguisher c. Can d. None of these	a. Handcuffs b. Gloves c. Mittens d. None of these	a. First Aid b. Exit c. Precaution d. Safety

AMH/N0104: Comply with industry, regulatory, organizational requirements and Greening of Job Roles**Choose the correct answer.**

1. Which of the following is an example of an eco-friendly fabric?

- a. Nylon
- b. Polyester
- c. Organic Cotton
- d. Rayon

2. How can employees contribute to the improvement of workplace safety?

- a. By reporting any hazards in the workplace
- b. By participating in safety programs
- c. By using protective equipments

- d. All of these
3. Which of the following is commonly used for cleaning and removing lint in sewing machines?
- a. Screw driver
 - b. Needles
 - c. Lint brush
 - d. Seam rippers
4. _____ is the model for quality assurance in final inspection and Test
- a. ISO 9000
 - b. ISO9001
 - c. ISO2000
 - d. ISO 9003
5. The operator is expected to have positive attitude and believe in _____ work.
- a. Team
 - b. Play
 - c. Desk
 - d. healthy
6. The importance of punctuality and attendance leads to _____.
- a. Better productivity
 - b. Quality Work
 - c. Efficiency
 - d. All of these
7. If the quality of a garment is evaluated as acceptable it is _____
- a. First quality
 - b. Bad quality
 - c. Seconds
 - d. Export surplus
8. Expand ISO
- a. International Organisation for Standardisation
 - b. Indian Organisation for Standardisation
 - c. Indian Organisation for sources
 - d. International Organisation for source
9. All employees should have of dealing with emergency
- a. Assessment






- b. Training
 - c. Knowledge
 - d. Book
10. What is the purpose of backing up design files?
- a. To make files smaller
 - b. To make computer run faster
 - c. To save storage space in computer
 - d. To keep extra copy of files safely

AMH/N0301: Carry out stitching activities using machine

Fill in the blanks with the correct answer given in the brackets.

1. _____ help to control the path and tension of thread as it moves from the spool to the needle. (Thread guides/ Take up lever)
2. _____ helps to easily lift the presser feet while working in Industrial Sewing Machines. (Knee Lifter/ Hand Lifter)
3. SPI stands for _____ (Stitch Performance Index/ Stitch per Inch).
4. _____ is used to cut the sewing threads after stitching. (Seam ripper/ Trimmer)
5. 1 inch= _____ (2.5cm/ 1.5cm)

Match the following

				
a	b	c	d	e

1. Pocket _____ 2. Cuff _____ 3. Collar _____ 4. Shirt yoke _____ 5. Placket _____





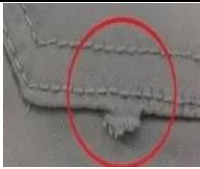
Choose the correct answer.

1. Which type of stitches are formed while stitching Formal shirts?
 - a. Zig zag stitches
 - b. Lock stitches
 - c. Chain stitches
 - d. Loose stitches
2. Which part of the sewing machine moves the fabric forward while stitching?
 - a. Presser foot

- b. Take up lever
 - c. Feed Dog
 - d. Back tack lever
3. Selection of needle and thread depends upon the type and quality of_____
- a. Fabric
 - b. Garment
 - c. Thread
 - d. Design
4. A wrong grain attachment of sleeve leads to_____
- a. Sagging
 - b. Good Fit
 - c. Tight fit
 - d. None of these
5. The operator should be aware of the_____ to ensure quality
- a. Sizes
 - b. Specifications
 - c. Quality
 - d. All of the above

AMH/N0302: Contribute to achieve product quality in stitching operations

Identify the sewing defects

				
<ul style="list-style-type: none"> a. Broken stitches b. Seam pucker c. Open seam d. Skip stitches 	<ul style="list-style-type: none"> a. Unstitched seam b. Open seam c. Broken stitch d. hole 	<ul style="list-style-type: none"> a. Broken stitches b. Seam pucker c. Open seam d. Skip stitches 	<ul style="list-style-type: none"> a. Unstitched seam b. Broken stitch c. Hole d. Open seam 	<ul style="list-style-type: none"> a. Raw edge out b. Open Seam c. Broken seam d. Hole

DGT/VSQ/N0101: Employability Skills

Choose the correct answer.

1. What does the term "3 R's" in waste management stand for?
 - a. Recover, Renew, Reactivate
 - b. Refill, Reallocate, Reconsider
 - c. Reduce, Reuse, Recycle
 - d. Reuse, Recycle, Repurpose
2. In SWOT Analysis, which among of the following is associated with the external challenges that may cause some damages for our growth?
 - a. Strengths
 - b. Weakness
 - c. Opportunity
 - d. Threats
3. Which among the following has the greater impact on effective communication?
 - a. Body language and expression
 - b. Words and content
 - c. Tone and volume
 - d. Concentration
4. Which of these is not a civic right?
 - a. Right to Freedom of speech
 - b. Right to own property
 - c. Right to equality
 - d. Freedom of religion
5. Which among the following is a not a soft skill?
 - a. Repairing machines
 - b. Decision making
 - c. Time Management
 - d. Problem solving
6. Which skills are needed to achieve goals?
 - a. Time Management skills
 - b. Decision making skills
 - c. Communication skills
 - d. All of these
7. Which word is the verb in the sentence " The black cat chased the rat".
 - a. The

- b. Black
 - c. Cat
 - d. Chased
8. Which sentence is correct?
- a. I go to the market yesterday.
 - b. I goed to the market yesterday.
 - c. I will go the market yesterday
 - d. I went to the market yesterday.
9. Why is it important to save money?
- a. To buy the things which are needed
 - b. To use it during emergencies
 - c. To reduce the expenses
 - d. All of these
10. What is a startup?
- a. Online business
 - b. A new business venture
 - c. A business App
 - d. A business that requires high investment